

ON LINE YOUTH EMPOWERMENT COURSE "ENABLING TRANSITION"





EXPLAINING THE METHOD AND REASONS BEHIND THE PRESKILLS WORKSHOPS

Knowing yourself is the beginning of an wisdom. -Aristotle

"You cannot teach a man anything, you can only help him to find it within himself"

Youth empowerment tool box



PATHWAY TO HAPPINESS



Your 3 basic and essential tools

□ Autonomy (self actualisation)

Own choices,

Self knowledge,

Self acceptance and love

Goals

Directions

Plans

☐ Purposefulness (Interpersonal skills)

Usefulness

A place in your community

□ Achievement (Study skills)

Success

Completion of a task or job

Doing something with your all

Consistent persistence

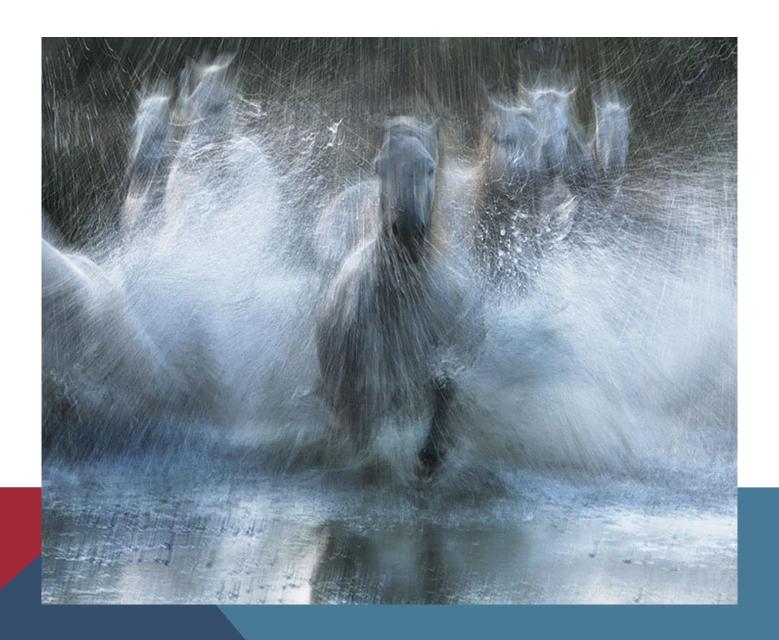
Is what life is about.

Life is always ahead of you,

you must run at it

because you never know how far or fast you

can go..... unless you RUN!"





WHAT IS A YOUTH

Time of change from the dependence of childhood to adulthood's independence and awareness of our interdependence as members of a community.

- different definitions of youth depending on the context...
- The UN, defines 'youth', as those persons between the ages of 15 and 24 years,
- The African Youth Charter definition: "youth" means "every person between the ages of 15 and 35 years".

YOUTH EMPOWERMENT

How youth, as agents, of change gain the skills to make a positive change or difference in their own lives and in their community

YOUTH EMPOWERMENT

Youth workers Work along side you as youth to help you....

- 1. Achieve good relationships
- 2. Know and love yourselves
- 3. Learn to analyse and question, so as to make good decisions about your lives
- 4. Find your place in the community
- 5. Be initiators of renewal and change in your community
- 6. Be ready for the demands of the workplace

PHILOSOPHY: LOVE OF, OR THE SEARCH FOR, WISDOM OR KNOWLEDGE

"Lets search for the values, ways and methods which guide or tell us how to empower youth."



LEARNING AND MATURING THE PHILOSOPHY OF YOUTH EMPOWERMENT

- To enable and equip youth to take their place in our global community
- To focus on their holistic development
- Finding the methods and logic behind youth and their needs to mature into young adults.

PURPOSE OF THE ONLINE COURSE



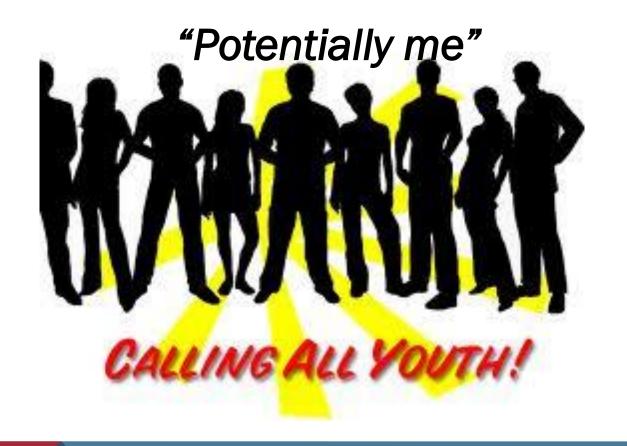
READY TO MAKE A DIFFERENCE IN THE WORLD!

SELF ACTUALISATION KNOWING MYSELF, MY VALUES, MY COALC MYSELF, MY VALUES, MY GOALS AND DREAMS AND REALISTING THEM DEFINING MY BOUNDARIES.

BUILDINGSELFESTEEM



SUCCESSFUL PERSONAL BRANDING





Without Goals !!! Where to now?

INTERPERSONAL RELATIONSHIPS

Learning how to communicate, negotiate and understand and manage anger.

Finding and being a mentor / Leader

UBUNTU



UBUNTU AND THE YOUNG SA



STUDY SKILLS



"Making meaning Uniquely; Help with learning Basic personal computer skills"

WRITING YOUR MISSION STATEMENT IN WATER THE YOUR STATEMENT OF THE WILLIAM STATEMENT OF THE WILLI



BASIC PERSONAL COMPUTER SKILLS





PERSONAL SKILLS (AUTONOMY)

WEEK I DAY 1

Knowing your inner self

DAY2

Creating a personal boundary using Goals and Values

DAY 3

Personal Branding and self-presentation



SOCIAL SKILLS (PURPOSEFULNESS)



DAY 4

Anger management, Conflict resolution and communication

DAY 5

Leadership, mentoring and being mentored

WEEK 2: DAY 6

Ubuntu: Human-ness towards others "I Am because We Are"

SUCCESSFUL ACHIEVEMENT



DAY 7

Learning and learning styles

DAY 8

Vision and mission: CV And Interview Preparation

Enterpreneurship

DAY 9

Personal computer skills

Day 10

Conclution:Life enrichment through change

CHANGE

IF THE FEAR OF STAYING THE SAME IS

BIGGER

THAN THE FEAR OF CHANGE YOU ARE

READY!



Lets join hands and take the journey through the door of change, into a world of opportunity!"